

Gampo Abbey

Application Form for 11-Month Monastic Residency October 10, 2020 – September 10, 2021

PERSONAL INFORMATION:

Application Date:

Name:

Gender:

Address:

City:

Province/State:

Country:

Postal Code/zip:

Telephone:

E-mail:

Birthday: (Mo/Day/Yr.)

Age:

Marital/Relationship Status:

Number of Children and Ages:

Current Center Affiliation:

Meditation Instructor:

Phone:

M.I. Email:

Personal Reference:

Phone:

Reference Email:

Current practice:

Occupation:

Skills:

Do you have a driver's license? Canadian () U.S. () Other ()

Can you drive Manual?

FEES & COMMITMENTS:

The 10-month program fee is \$4,000 CAD (\$5,000 CAD Patron level). A deposit in the amount of \$1,250 CAD is required to hold your space once your application has been accepted. The balance of the fee is due upon arrival. Fees are non-refundable once the program has begun with exceptions considered in the case of emergency. If you are unable to pay the fee up front, payment plans could be discussed with the Head of Monastic Culture during your application process.

In addition to committing to fully following all aspects of the Abbey's daily schedule please answer the following:

Are you physically able to work 4 hours a day?

Are you able to practice sitting meditation 4.5 hours a day?

Are you able to abide by the 5 precepts as required at Gampo Abbey?

TRANSPORTATION:

If accepted, will you be travelling to the Abbey using your own transportation? Yes () No ()

Gampo Abbey's office will book public shuttles from Halifax as needed. Additional fees will apply for Abbey shuttle pick-up as well as commercial shuttles. Be sure to clarify your transport needs once you have been accepted.

ADDITIONAL QUESTIONS:

To help us evaluate your application and find the right service role for you please answer the following questions on a separate page and email it with the application form or include it with your printed application form:

1. Please give a history of your spiritual practice and dharma training. Include information on any meditation disciplines you have been involved in. Give information on your main practice, frequency of practice and average length of sessions. Have you ever participated in intensive retreats, programs, or practice sessions?
2. The prerequisites for this residency are the Refuge Vow, Shambhala Training Levels I-V, the Everyday Life Series (Contentment through Wisdom in Everyday Life). If you have completed these, please describe how, including who your preceptor was for the Refuge Vow when you took it, and your refuge name. If you have not completed these, please describe your plans or wishes to do so.
3. Please give an outline of your work history. Include skills that were required. Also list other skills, interests and hobbies. Give information on the type of skills you have that could be useful at Gampo Abbey (i.e. cooking, office skills, maintenance, IT, finance).

4. Please give an accurate description of your psychological and medical history. Include information on dietary restrictions, allergies, and sleep issues. Do you snore? List major operations, illnesses and chronic conditions. Do you take any medications for psychological or physical conditions? Please explain.

5. Please tell us more about your motivation for coming to Gampo Abbey for this program of practice, study, and monastic training. In particular, please describe your readiness and feelings about receiving temporary monastic ordination which is a fundamental aspect of the training and container.

6. Have you ever lived in a community before? If so, where and for how long? What interests you about living in a spiritual community?

We require two letters of reference, one from your teacher or Meditation Instructor and one personal or work reference. Please have your referees email a written reference to us. We will need this prior to reviewing your application.

Please visit our website (<http://www.gampoabbey.org/>) where you can find more information on this program and the Abbey.

Pleasant Bay, Nova Scotia, B0E 2P0
Tel: (902) 224-2752, Fax: (902) 224-1521
e-mail: office@gampoabbey.org